

GRETCHEN'S RIBBED KNITTED CAP **FOR CANCER PATIENTS**

Variation of "Signature Knit Cap" designed by Laura Kerr

MATERIALS:-2- 50g balls of "dishcloth" cotton.

- 5mm needles or whichever needles you need to give the correct gauge.

GAUGE: 16sts=4" in st st.

NOTE: The directions for this cap require a sewn seam to join it in the round. It's very important to **knit the first and last stitches on every row** to create a flat seam when sewing up so as to avoid irritation against sensitive skin. See finishing directions at end.

DIRECTIONS:

Cast on 71sts.

Row 1: Knit.

Row 2: K1, P1 to last st, K1.

Repeat these 2 rows until piece measures 5" from the cast on edge ending with a wrong side row.

Decrease:

Row 1 (right side): *K12, K2tog. Repeat from * to last st, K1. (66sts)

Rows 2, 4, 6, 8 & 10: K1, purl to last st. K1

Row 3: *Knit 11, K2tog. Repeat from * to last st, K1. (61sts)

Row 5: *Knit 10, K2tog. Repeat from * to last st, K1. (56sts)

Row 7: * Knit 9, K2tog. Repeat from * to last st, K1. (51sts)

Row 9: * Knit 8, K2tog. Repeat from * to last st, K1. (46sts)

Row 11: * Knit 7, K2tog. Repeat from * to last st, K1. (41sts)

Row 12: K1, *P2tog, P6. Repeat from * to last st, K1. (36sts)

Continue decreasing in this manner on Each row from now on, having 1 less stitch between the decreases to 11 sts.

Finishing: Break yarn and thread onto a darning needle. Pass the yarn through the remaining sts and draw up tightly. Sew up back seam from the inside, picking up the purl knots alternately on each side and pull yarn to make a flat seam.

This hat can be made in the round using circular and/or double pointed needles. Cast on 70 sts. Mark the first st of the round.

Round 1: Knit

Round 2: K1, P1 to last stitch.

Repeat these 2 rounds for 5". Decrease as for sewn hat, knitting the alternate row evenly and ignoring the last K1 st at the end of each round until 40sts are left. Continue, decreasing on each round as for sewn cap to 10 sts. Break yarn and thread onto a darning needle. Pass the yarn through the remaining sts and draw up tightly and secure.

Thanks...Gretchen Huntley

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