

## GRETCHEN'S KNITTED CAP FOR CANCER PATIENTS

Designed by Barb Becker

**MATERIALS:** -2- 50g balls of "dishcloth" cotton.

- 5mm needles or whichever needles you need to give the correct gauge.

**GAUGE:** 16sts=4" in st st.

**NOTE:** The directions for this cap require a sewn seam to join it in the round. It's very important to knit the first and last stitches on every row to create a flat seam when sewing up so as to avoid irritation against sensitive skin. See finishing directions at end.

### **DIRECTIONS:**

Cast on 71sts.

Row 1: Knit

Row 2: K1, P to last st, K1.

Repeat these 2 rows until piece measures 3 ½" from the cast on edge ending with a wrong side row.

### **Reverse bands:**

Rows 1,3&5 (right side): K1, Purl to last st, K1.

Rows 2,4&6: Knit

Rows: 7,9&11: Knit

Rows: 8,10&12: K1, Purl to last st. K1.

Rows: 13,15&17: K1, Purl to last st. K1.

Rows: 14, 16&18: Knit.

Next Row: (Right side) If hat measures at least 6", begin decreases on this row as described below. If not, continue in St st (K1 row, Purl 1 row with a K st at beginning and end) to 6".

### **Decrease:**

1<sup>st</sup> dec row: \*K12, K2tog. Repeat from \* to last st. K1. (66sts)

Next row and all alt rows: K1, Purl to last st, K1.

Next dec row: \*K11, K2tog. Repeat from \* to last st. K1. (61sts)

Continue decreasing in this manner on every 2<sup>nd</sup> row, having 1 less st between decreases to 21 sts.

Last dec row: K1, \*P2tog to last 2 sts. K2tog (11sts)

**Finishing:** Break yarn and thread onto a darning needle. Pass the yarn through the remaining sts and draw up tightly. Sew up back seam from the inside, picking up the purl knots alternately on each side and pull yarn to make a flat seam.

**This hat can be made in the round using circular and/or double pointed needles. Cast on 70 sts. Mark the first st of the round. Knit in the round for 3 ½". Purl for 6 rounds. Knit for 6 rounds. Purl for 6 rounds. Decrease as for sewn hat, knitting the alternate row evenly and ignoring the last K1 st at the end of each round until 20 sts are left. Last dec round: K2tog across. (10sts) Break yarn and thread onto a darning needle. Pass the yarn through the remaining sts and draw up tightly and secure.**

Thanks...Gretchen Huntley  
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